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Association Between Interstitial Lung Abnormalities and All-Cause Mortality

Rachel K. Putman, MD^{1,*}, Hiroto Hatabu, MD PhD^{2,3,*}, Tetsuro Araki, MD PhD^{2,3,*}, Gunnar Gudmundsson, MD PhD⁴, Wei Gao, MS⁵, Mizuki Nishino, MD^{2,3}, Yuka Okajima, MD^{2,6}, Josée Dupuis, PhD^{5,7}, Jeanne C. Latourelle, DSc^{8,9}, Michael H. Cho, MD MPH^{1,10}, Souheil El-Chemaly, MD MPH¹, Harvey O. Coxson, PhD¹¹, Bartolome R. Celli, MD¹, Isis E. Fernandez, MD^{1,12}, Oscar E. Zazueta, MD¹, James C. Ross, PhD^{10,13}, Rola Harmouche, PhD^{1,13}, Raúl San José Estépar, PhD^{2,13}, Alejandro A. Diaz, MD¹, Sigurdur Sigurdsson, BSc MSc¹⁴, Elías F. Gudmundsson, MSc¹⁴, Gudny Eiríksdóttir, MSc¹⁴, Thor Aspelund, MSc PhD^{14,15}, Matthew J. Budoff, MD¹⁶, Gregory L. Kinney, PhD¹⁷, John E. Hokanson, MPH PhD¹⁷, Michelle C Williams, MD¹⁸, John T. Murchison, MD¹⁹, William MacNee, MD²⁰, Udo Hoffmann, MD MPH²¹, Christopher J. O'Donnell, MD MPH^{7,22}, Lenore J. Launer, PhD²³, Tamara B. Harris, MD MS²³, for the Evaluation of COPD Longitudinally to Identify Predictive Surrogate Endpoints (ECLIPSE) and COPDGene Investigators, Vilmundur Gudnason, MD PhD^{14,15}, Edwin K. Silverman, MD PhD^{1,10}, George T. O'Connor, MD^{7,8}, George R. Washko, MD^{1,3}, Ivan O. Rosas, MD¹, and Gary M. Hunninghake, MD MPH^{1,3}

¹Pulmonary and Critical Care Division, Brigham and Women's Hospital, Harvard Medical School, Boston, MA ²Department of Radiology, Brigham and Women's Hospital, Harvard Medical School, Boston, MA ³Center for Pulmonary Functional Imaging, Brigham and Women's Hospital, Harvard Medical School, Boston, MA ⁴Department of Respiratory Medicine and Sleep, Landspital University Hospital, University of Iceland, Faculty of Medicine ⁵Department of Biostatistics, Boston University School of Public Health ⁶Department of Radiology, St. Luke's International Hospital, Tokyo, Japan ⁷National Heart, Lung, and Blood Institute's Framingham Heart Study, Framingham MA ⁸Pulmonary Center, Department of Medicine, Boston University, Boston, MA ⁹Department of

Correspondence: Ivan O. Rosas, MD, Pulmonary and Critical Care Division, Brigham and Women's Hospital, 75 Francis Street, Boston, MA 02115, irosas@rics.bwh.harvard.edu.

*These authors contributed equally to this manuscript

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Author Contributions:

Study Design: Celli, Coxson, Hunninghake, O'Connor, Rosas, Silverman, Washko

Acquisition, analysis or interpretation of the data: Araki, Budoff, Harmouche, Hatabu, Hoffmann, Hokanson, Hunninghake, Kinney, MacNee, Murchison, Nishino, O'Donnell, Okajima, Putman, Ross, San José Estépar, Williams, Zazueta

Critical revision of the manuscript for important intellectual content: Araki, Aspelund, Budoff, Celli, Cho, Coxson, Diaz, Dupuis, Eiríksdóttir, El-Chemaly, Fernandez, Gao, E. Gudmundsson, G. Gudmundsson, Gudnason, Harmouche, Harris, Harris, Hatabu, Hoffmann, Hokanson, Hunninghake, Kinney, Latourelle, Launer, MacNee, Murchison, Nishino, O'Connor, O'Donnell, Okajima, Putman, Rosas, Ross, San José Estépar, Sigurdsson, Silverman, Washko, Williams, Zazueta

Statistical analysis: Dupuis, Gao, Hunninghake, Latourelle, Putman

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Neurology, Boston University, Boston, MA ¹⁰The Channing Division of Network Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA ¹¹Department of Radiology, University of British Columbia, Vancouver, B.C., Canada ¹²Comprehensive Pneumology Center, Ludwig-Maximilians-University, University Hospital Grosshadern, and Helmholtz Zentrum München; Member of the German Center for Lung Research, Munich, Germany ¹³Surgical Planning Laboratory, Department of Radiology, Brigham and Women's Hospital, Boston MA ¹⁴Icelandic Heart Association, Kopavogur, Iceland ¹⁵University of Iceland, Reykjavik, Iceland ¹⁶Department of Medicine, Los Angeles Biomedical Research Institute at Harbor-UCLA, Torrance, California ¹⁷Department of Epidemiology, Colorado School of Public Health, University of Colorado Denver, Denver, Colorado ¹⁸University of Edinburgh/British Heart Foundation Centre for Cardiovascular Science, Edinburgh, Scotland ¹⁹Royal Infirmary of Edinburgh, University of Edinburgh, Edinburgh, Scotland ²⁰Centre for Inflammation Research, University of Edinburgh, Edinburgh, Scotland ²¹Cardiac MR PET CT Program, Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Boston, MA ²²Cardiovascular Epidemiology and Human Genomics Branch, NHLBI Division of Intramural Research, Bethesda, MD ²³Intramural Research Program, National Institute of Aging, NIH, Bethesda, MD

Abstract

IMPORTANCE—Interstitial lung abnormalities have been associated with decreased six-minute walk distance, diffusion capacity for carbon monoxide and total lung capacity; however to our knowledge, an association with mortality has not been previously investigated.

OBJECTIVE—To investigate whether interstitial lung abnormalities are associated with increased mortality.

DESIGN, SETTING, POPULATION—Prospective cohort studies of 2633 participants from the Framingham Heart Study (FHS) (CT scans obtained 9/08–3/11), 5320 from the Age Gene/Environment Susceptibility (AGES)-Reykjavik (recruited 1/02–2/06), 2068 from COPDGene (recruited 11/07–4/10), and 1670 from the Evaluation of COPD Longitudinally to Identify Predictive Surrogate End-points (ECLIPSE) (between 12/05–12/06).

EXPOSURES—Interstitial lung abnormality status as determined by chest CT evaluation.

MAIN OUTCOMES AND MEASURES—All cause mortality over approximately 3 to 9 year median follow up time. Cause-of-death information was also examined in the AGES-Reykjavik cohort.

RESULTS—Interstitial lung abnormalities were present in 177 (7%) of the participants from FHS, 378 (7%) from AGES-Reykjavik, 156 (8%) from COPDGene, and in 157 (9%) from ECLIPSE. Over median follow-up times of ~3–9 years there were more deaths (and a greater absolute rate of mortality) among those with interstitial lung abnormalities compared to those without interstitial lung abnormalities in each cohort; 7% compared to 1% in FHS (6% difference, 95% confidence interval [CI] 2%, 10%), 56% compared to 33% in AGES-Reykjavik (23% difference, 95% CI 18%, 28%), 16% compared to 11% in COPDGene (5% difference, 95% CI –1%, 11%) and 11% compared to 5% in ECLIPSE (6% difference, 95% CI 1%, 11%). After adjustment for covariates, interstitial lung abnormalities were associated with an increase in the

risk of death in the FHS (HR=2.7, 95% CI, 1.1–65, $P=0.030$), AGES-Reykjavik (HR 1.3, 95% CI 1.2–1.4, $P<0.001$), COPDGene (HR=1.8, 95% CI, 1.1, 2.8, $P=0.014$), and ECLIPSE (HR=1.4, 95% CI, 1.1–2, $P=0.022$) cohorts. In the AGES-Reykjavik cohort the higher rate of mortality could be explained by a higher rate of death due to respiratory disease, specifically pulmonary fibrosis.

CONCLUSIONS AND RELEVANCE—In four separate research cohorts, interstitial lung abnormalities were associated with a higher risk of all-cause mortality. The clinical implications of this association require further investigation.

Keywords

Idiopathic pulmonary fibrosis; interstitial lung disease; interstitial lung abnormalities (ILA); undiagnosed; subclinical

Interstitial lung abnormalities are defined as specific patterns of increased lung density noted on chest computed tomography (CT) scans identified in participants with no prior history of interstitial lung disease. In studies of adults, interstitial lung abnormalities are present in ~2–10% of research participants,^{1–7} and 7% of a general population sample,⁶ and are associated with reductions in lung capacity,^{1,2,6} exercise capacity,⁸ gas exchange,^{5,6} and genetic abnormalities^{6,9} common to patients with familial interstitial pneumonia and idiopathic pulmonary fibrosis (IPF).¹⁰ These data suggest that interstitial lung abnormalities may, in some cases, represent an early and/or mild form of pulmonary fibrosis.

While radiologic abnormalities, worsening pulmonary function and decreased exercise tolerance are important diagnostic features of IPF,¹¹ the most common and severe form of pulmonary fibrosis,¹² IPF is associated with a high mortality rate.^{13–14} Although the survival rate of people with IPF appears to have increased slightly in recent years,¹⁴ the previously published median survival after the time of diagnosis is 3–5 years,^{13–14} which is worse than that of most malignancies.¹⁵ Given the other correlations between IPF and interstitial lung abnormalities, we hypothesized that with the presence of interstitial lung abnormalities would be associated with an increased rate of mortality.

METHODS

Study Design and Mortality Ascertainment

Protocols for participant enrollment and phenotyping in the Framingham Heart Study (FHS), the Age Gene/Environment Susceptibility (AGES)-Reykjavik study, the Genetic Epidemiology of COPD Study (COPDGene), and the Evaluation of COPD Longitudinally to Identify Predictive Surrogate End-points (ECLIPSE) study have been described previously.^{2,6,16,17} In all cohorts race was self-reported, based on fixed categories. Analyses were adjusted for race, given the known influence of race on mortality in other pulmonary diseases. In all cohorts, mortality refers to all-cause mortality unless otherwise indicated. Informed consent was obtained from all participants. The institutional review boards of the Brigham and Women's Hospital and individual participating centers approved this study.

The FHS is a longitudinal study originally designed to identify risk factors for cardiovascular disease in the general population¹⁸. The AGES-Reykjavik study is a

longitudinal birth cohort from the Reykjavik Study (established in 1967) that now includes men and women born in Reykjavik between 1907–1935 who are followed by the Icelandic Heart Association. COPDGene is a multicenter longitudinal study designed to identify the epidemiologic and genetic risk factors for COPD. Participants with known active lung diseases other than asthma, emphysema, or COPD were excluded.¹⁹ For this analysis COPDGene refers to the first 2508 participants.² ECLIPSE is a multicenter and multinational 3-year observational study of 2164 COPD patients (Global Initiative for Chronic Obstructive Lung Disease [GOLD] stages 2–4)²⁰ and 582 controls aged 40–75.²¹ Participants with known respiratory disorders other than COPD were excluded.²¹ For these analyses, only the 2,164 COPD participants from ECLIPSE were included because longitudinal mortality data from control participants was not collected (see eMethods for further details on cohort study design).

Chest CT Analysis

The methods for chest CT characterization for interstitial lung abnormalities in the FHS and COPDGene cohorts have been reported previously^{2,6} and were used to characterize interstitial lung abnormalities in AGES-Reykjavik and ECLIPSE (see eMethods). In all cohorts, the chest CT scans were evaluated by up to three readers (two chest radiologists and one pulmonologist) using a sequential reading method, as previously described.²² Interstitial lung abnormalities were defined as particular patterns of increased lung density that are not limited to the posterior regions of the lung, including ground-glass or reticular abnormalities, diffuse centrilobular nodularity, nonemphysematous cysts, honeycombing or traction bronchiectasis, affecting more than 5% of any lung zone (see eFigure 1). Chest CT images with focal or unilateral ground-glass attenuation, focal or unilateral reticulation or patchy ground glass abnormalities (<5%) were considered indeterminate (see eFigure 2). To explore the association between undiagnosed pulmonary fibrosis and mortality, an additional subset of interstitial lung abnormalities with pulmonary parenchymal architectural distortion diagnostic of fibrotic lung disease (definite fibrosis, see Figure 1A–D) was created.⁶ Quantitative total lung volume and emphysema (percentage below –950 Hounsfield units) where reported were measured with Airway Inspector (www.airwayinspector.org) as previously described.²³ Coronary artery calcium (CAC) scores were calculated using the traditional Agatston scoring method.²⁴

Statistical Analyses

In all cohorts except the FHS, association analyses between pairs of variables were conducted with Fisher's exact tests (for categorical variables) and two-tailed t-tests (for continuous variables). In the FHS, all analyses accounted for familial relationships using generalized estimating equations as previously described.²⁵ To evaluate the association between interstitial lung abnormalities and mortality logistic regression was used (for absolute mortality) and Cox proportional hazards models (for time-to-mortality) with robust standard errors to account for familial correlation in FHS. In Cox models, all variables were assessed, and none violated the proportional hazards assumption. Multivariable models included adjustments for age, race, gender, body-mass index (BMI), pack-years of smoking, smoking status (current vs. former), Global initiative for chronic Obstructive Lung Disease (GOLD) stage (where available). Additional covariates used included measures of coronary

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artery disease (CAD) (self-report of [or adjudicated in the FHS] CAD as well as CAC scores) and history of self-reported non-dermatologic malignancy. In the COPD cohorts, additional analyses were done using the Body-mass index, air flow Obstruction, Dyspnea and Exercise (BODE) index²⁶, as an alternative measure of COPD severity. All p-values reported are two-sided and a level of 0.05 was considered statistically significant. SAS version 9.4 (SAS Institute, Cary, NC) was used for analyses in the AGES-Reykjavik, COPDGene and ECLIPSE cohorts and R version 3.1.3 was used for analyses in the FHS.

RESULTS

In the FHS, of the 2764 participants from the FHS-MDCT2 study between September 2008 and March 2011, 2633 (95%) had chest CT and mortality reports as of December 2013 (median follow-up time of 4.0 years) and were included. In AGES-Reykjavik, of the 5764 participants recruited between January 2002 and February 2006, 5320 (92%) had chest CT and mortality data as of December 2013 (median follow up time of 8.9 years) and were included. Additionally, cause-of-death data obtained from death certificates (ICD9 and ICD10 codes, **see eMethods**), was collected in December 2009 (median follow up time of 5.3 years). In COPDGene, of the first 2508 participants recruited between November 2007 and April 2010, 2068 (82%) had chest CT and mortality information as of October 2015 (median follow-up time of 6.5 years) and were included. In ECLIPSE, of the 2,164 participants recruited between December 2005 and December 2006, 1670 (77%) had both chest CT and mortality information (median follow-up time of 2.9 years) and were included.

Interstitial Lung Abnormality Prevalence

The prevalence of participants with interstitial lung abnormalities, indeterminate interstitial lung abnormality status, and without interstitial lung abnormalities in the FHS⁶ and COPDGene cohorts² have been previously reported and similar percentages were noted in these subsets (in the FHS, interstitial lung abnormalities were present in 177 [7%], 1086 [41%] had indeterminate status and 1370 [52%] did not have interstitial abnormalities; in COPDGene, 156 [8%] had interstitial lung abnormalities, 739 [36%] were indeterminate and 1173 [57%] did not have interstitial lung abnormalities, **see Table 1 and Figure 2**). In the AGES-Reykjavik cohort, interstitial lung abnormalities were present in 378 (7%), 1726 (32%) had indeterminate status and 3216 (61%) had no interstitial lung abnormalities (**see Table 1 and Figure 2**). In ECLIPSE, interstitial lung abnormalities were present in 157 (9%), 985 (59%) had indeterminate status, and 528 (32%) had no interstitial lung abnormalities (**see Table 1 and Figure 2**). Additional results about reading methodology are included in the eResults.

Baseline Characteristics and Interstitial Lung Abnormalities

The baseline characteristics of the participants from all four cohorts, stratified by the presence or absence of interstitial lung abnormalities, are presented in Table 1. Baseline characteristics of AGES-Reykjavik and ECLIPSE including those indeterminate for interstitial lung abnormalities are included in eTable 1 and 2. Across all cohorts, interstitial lung abnormalities were associated with older age compared to the absence of interstitial lung abnormalities. As previously noted in COPDGene² compared to, among participants in

ECLIPSE²³ interstitial lung abnormalities were associated with less severe airway obstruction as demonstrated by a higher forced expiratory volume in one second (FEV1) and FEV1/forced vital capacity (FVC) ratio, compared to absence of interstitial lung abnormalities. In contrast, in the FHS, interstitial lung abnormalities were associated with a higher prevalence of COPD and a lower FEV1/FVC ratio.

Mortality and Interstitial Lung Abnormalities

The absolute mortality rates were significantly higher in participants with interstitial lung abnormalities compared to those without interstitial lung abnormalities in all cohorts (see Table 2). In the FHS 7% (12 deaths) of participants with interstitial lung abnormalities died over 4 years compared to 1% (12 deaths) of those without interstitial abnormalities; in the AGES-Reykjavik 56% (210 deaths) of participants with interstitial lung abnormalities and 33% (1065 deaths) of participants without interstitial lung abnormalities died over 8.9 years. In smokers with and without COPD from COPDGene, 16% (25 deaths) of participants with interstitial lung abnormalities died, while 11% (133 deaths) of participants without interstitial lung abnormalities died over 6.5 years. In smokers with COPD from ECLIPSE 11% (18 deaths) of participants with interstitial lung abnormalities died over 2.9 years, while 5% (27 deaths) of participants without interstitial lung abnormalities died. These findings resulted in a 6% difference (95% confidence interval [CI] 2%, 10%) in the FHS, a 23% difference (95% CI 18%, 28%) in AGES-Reykjavik, a 5% difference (95% CI -1%, 11%) in COPDGene, and a 6% difference (95% CI 1%, 11%) in ECLIPSE in the absolute mortality rates associated with interstitial lung abnormalities. The mortality rates in those with indeterminate status were 2% (24 deaths) in FHS, 43% (750 deaths) in AGES-Reykjavik, 13% (99 deaths) in COPDGene and 12% (120 deaths) in ECLIPSE.

When compared to those without interstitial lung abnormalities in multivariable Cox proportional hazards models adjusting for age, sex, race, body mass index, pack-years of smoking, current smoking status and GOLD stage (where available), interstitial lung abnormalities were associated with a higher risk of death in the FHS (hazard ratio [HR]=2.7, 95% confidence interval [CI], 1.1–6.5, $P=0.030$), AGES-Reykjavik (HR=1.3, 95% CI 1.2–1.4, $P<.001$), COPDGene (HR=1.8, 95% CI 1.1, 2.8, $P=0.014$) and ECLIPSE (HR=1.4, 95% CI, 1.1–2.0, $P=0.022$) (see Figure 3). Similar results were seen, with higher odds of death, when using multivariable logistic regression (see eTable 3). For further analyses with respect to definite fibrosis and those indeterminate for interstitial lung abnormalities see the eResults, eTables 5 and 6 and eFigure 3.

Mortality, Interstitial Lung Abnormalities and Never-Smokers

To determine if unmeasured differences in smoking behavior among smokers could explain the associations between interstitial lung abnormalities and mortality, associations between interstitial lung abnormalities and mortality in never-smokers from both the FHS and AGES-Reykjavik cohorts were analyzed. In the FHS, 6% of never smokers with interstitial lung abnormalities died, compared to 0.3% of never smokers without interstitial abnormalities, a difference of 5.7% (95% CI 1%, 12%), (HR 19.9, 95% CI 5.1–78.1, $P<0.001$). In AGES-Reykjavik 52% of never smokers with interstitial lung abnormalities died compared to 31%

of those without interstitial lung abnormalities, a difference of 21%, (95% CI 11%, 31%), (HR=1.3, 95% CI 1.1–1.4, P=0.002).

Mortality, Interstitial Lung Abnormalities, COPD, CAD, and Cancer

To determine if the presence of other chronic diseases could explain the associations between interstitial lung abnormalities and mortality, analyses were performed in each cohort additionally adjusting for the percentage of emphysematous lung, measures of CAD or reports of malignancy (where available). The association between interstitial lung abnormalities and mortality remained statistically significant after additional adjustments for disease specific measures (see Table 2), except in the FHS and COPDGene, in which additional adjustment for adjudicated CAD and CAC scores resulted in no association (see Table 2). Similar associations between interstitial lung abnormalities and mortality were seen in COPDGene and ECLIPSE when adjusting for BODE Index (see eResults). Additionally, the absolute mortality rates of each GOLD stage were consistently greater in participants with interstitial lung abnormalities compared to those without interstitial lung abnormalities (see eFigure 4).

Mortality, Interstitial Lung Abnormalities and Cause-of-Death

To determine the causes-of-death among those with interstitial lung abnormalities, data from the AGES-Reykjavik cohort was assessed where causes-of-death were available on death certificates from an interim follow up date (December 31, 2009, median follow-up of 5.4 years). Participants with interstitial lung abnormalities in the AGES-Reykjavik cohort were more likely to die from a respiratory cause (13%) compared to those without interstitial lung abnormalities (4%) or those with indeterminate status (6%, see Figure 2). After adjusting for covariates (age, sex, race, body mass index, pack-years of smoking, current smoking status), those with interstitial lung abnormalities had higher odds of death from a respiratory cause (Odds Ratio 2.4, 95% CI 1.7–3.4, P<0.001) compared to those without interstitial lung abnormalities. Results were similar when comparing those with interstitial lung abnormalities to those indeterminate for interstitial lung abnormalities (see eResults). After adjusting for covariates there was no association between interstitial lung disease status and death due to cardiovascular disease, cancer, or other deaths. Among participants who died from a respiratory cause, interstitial lung abnormalities were associated with an increased rate of dying from pulmonary fibrosis (47%), 7 of the 15 respiratory deaths among those with interstitial lung abnormalities were due to pulmonary fibrosis, see Figure 2). Of the eight deaths due to pulmonary fibrosis, 5 participants had evidence of definite fibrosis on chest CT, 2 had interstitial lung abnormalities without definite fibrosis, and 1 participant was indeterminate for interstitial lung abnormality status. Only one of these participants had previously diagnosed pulmonary fibrosis at the time of the CT scan.

Discussion

In this study, interstitial lung abnormalities, a set of imaging abnormalities noted among ~7% adults,⁶ were associated with a higher rate of all-cause mortality. The associations between interstitial lung abnormalities and mortality were not attenuated after adjustment by smoking, cancer, or COPD or CAD. Among an older population from Iceland, the higher

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rate of mortality in those with interstitial lung abnormalities was associated with a higher rate of death from respiratory failure and pulmonary fibrosis. These findings, in conjunction with those previously published,^{2,6,8} demonstrate that despite often being undiagnosed and asymptomatic,^{2,6} interstitial lung abnormalities may be associated with lower survival rates among older persons.

This study builds on prior studies⁷, demonstrating that interstitial lung abnormalities were associated with older age, smoking, and a restrictive lung deficit. The findings in ECLIPSE are similar to those previously reported in COPDGene² which demonstrate that among smokers with COPD, interstitial lung abnormalities were identified in those with more preserved FEV1/FVC ratios. Although COPD was associated with interstitial lung abnormalities in the FHS, this association may be related to older age and history of smoking that are common in both COPD and interstitial lung abnormalities.

It is important to consider the higher mortality rates associated with interstitial lung abnormalities in context; the mortality rates associated with interstitial lung abnormalities are less than the well documented mortality rates associated with clinically identified IPF.^{13–14} In addition, although data from the AGES-Reykjavik cohort demonstrated that interstitial lung abnormalities were associated with death due to respiratory failure and pulmonary fibrosis, respiratory failure death is more common in patients with IPF.^{11,27}

The absolute mortality rates differed between the cohorts. This was due in part to differences in recruitment criteria and follow-up time. Compared to the FHS (which included a general population sample of adults), the higher absolute mortality rates in COPDGene and ECLIPSE are likely explained by a longer follow-up time (COPDGene) and the inclusion of greater numbers of COPD patients (COPDGene and ECLIPSE). Although the FHS and AGES-Reykjavik were both recruited from among community dwelling men and women, the higher mortality rates in the AGES-Reykjavik cohort are likely explained by the older age and longer follow-up times of the average participants in this cohort.

This study has a number of limitations. First, participants with interstitial lung abnormalities were older than those without interstitial lung abnormalities⁷. Further study will be required to determine the prognostic significance of interstitial lung abnormalities in younger age groups. Even among older populations, studies evaluating the longitudinal CT imaging progression of interstitial lung abnormalities may be required to distinguish imaging characteristics that could reflect a normal variant of the aging lung²⁸ from an early stage of a progressive interstitial lung disease. Second, interstitial lung abnormalities were associated with a higher risk of death among never-smokers from two cohorts; however the large hazard of mortality associated with interstitial lung abnormalities in the FHS among never-smokers was driven by a small number of deaths. Third, although an association between interstitial lung abnormalities and increased risk of respiratory death was identified in the AGES-Reykjavik study, data on the cause of death was not available from other cohorts. Fourth, despite the correlations presented between research participants with interstitial lung abnormalities and patients with IPF (as well as other forms of interstitial lung disease) this study cannot explain the large discrepancy between the prevalence of interstitial lung abnormalities (7% in general population samples,⁶ see Table 1) and the reported prevalence

of IPF (~0.002% to 0.04% of the general population)^{29–31} and interstitial lung disease. Of note, the prevalence of definite fibrosis in each cohort (~1.6–2.4%) is similar to the prevalence of IPF noted in an autopsy study of 510 cases from New Mexico (1.8%) even though IPF was suspected as a cause of death in less than a tenth of these cases.³² Fifth, unmeasured confounders could explain these findings. Sixth, there are differences in the estimates of the association of interstitial lung abnormalities on mortality in unadjusted and adjusted models in the FHS. Seventh, although data on inter-observer variability in interstitial lung abnormality scoring is presented, data on intra-observer variability in interstitial lung abnormality scoring was not recorded.

Follow-up studies should determine the risk factors for, and the events that lead to, death among persons with interstitial lung abnormalities. Given the ability to treat more advanced stages pulmonary fibrosis^{33,34} future clinical trials attempting to reduce the overall mortality associated with pulmonary fibrosis should consider including early stages of the disease as well.

Conclusions

In four separate research cohorts, interstitial lung abnormalities were associated with a higher risk of all-cause mortality. The clinical implications of this association require further investigation.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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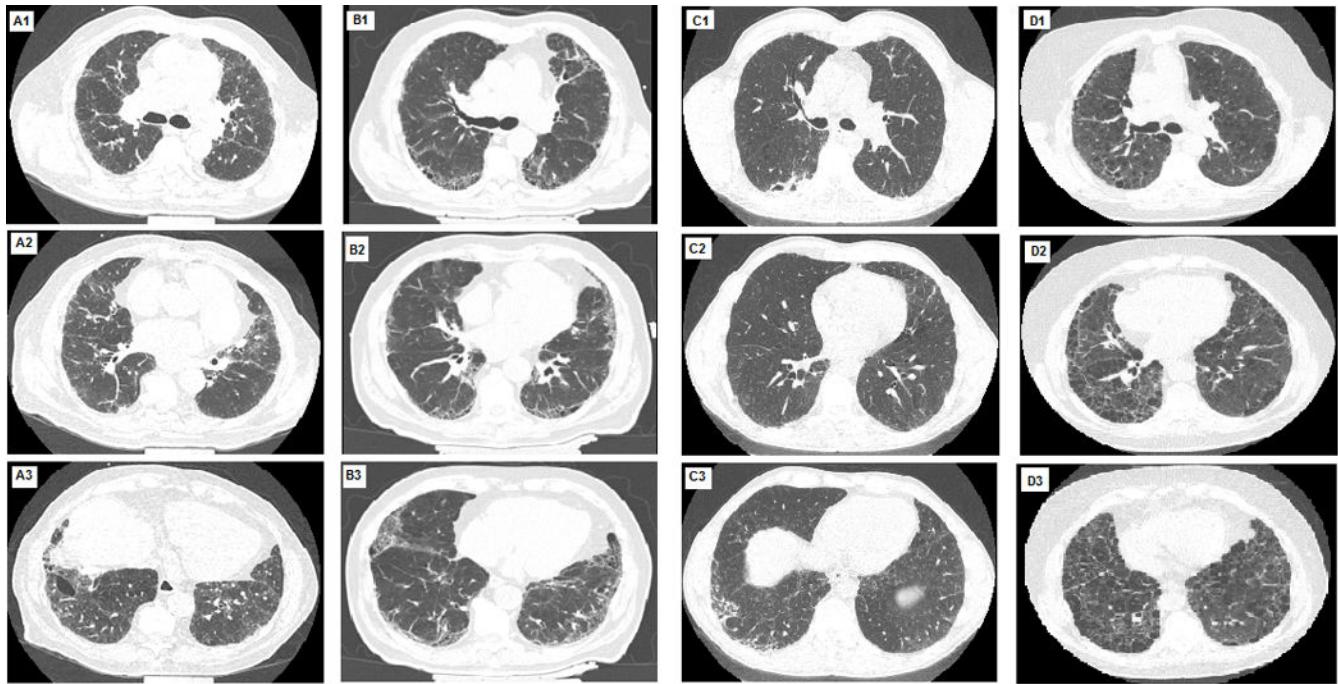
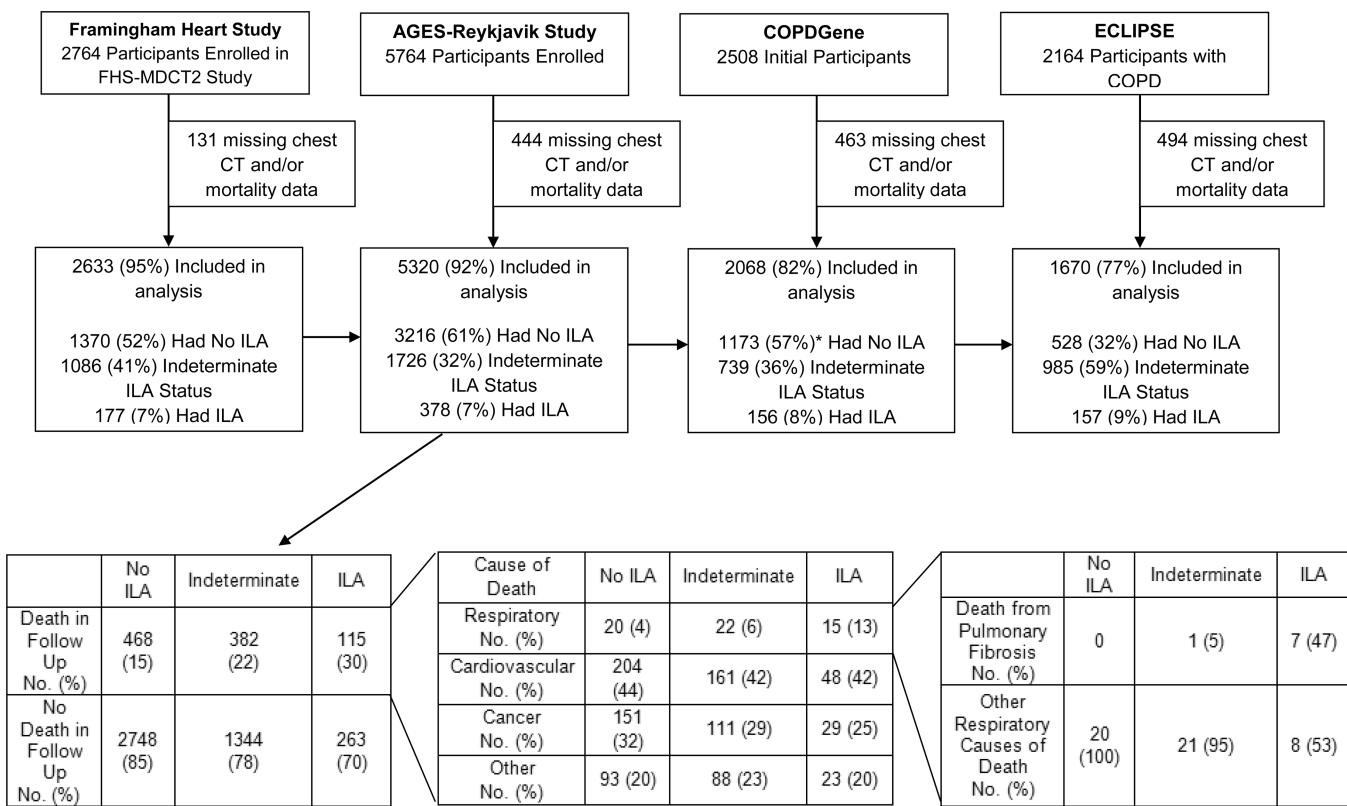
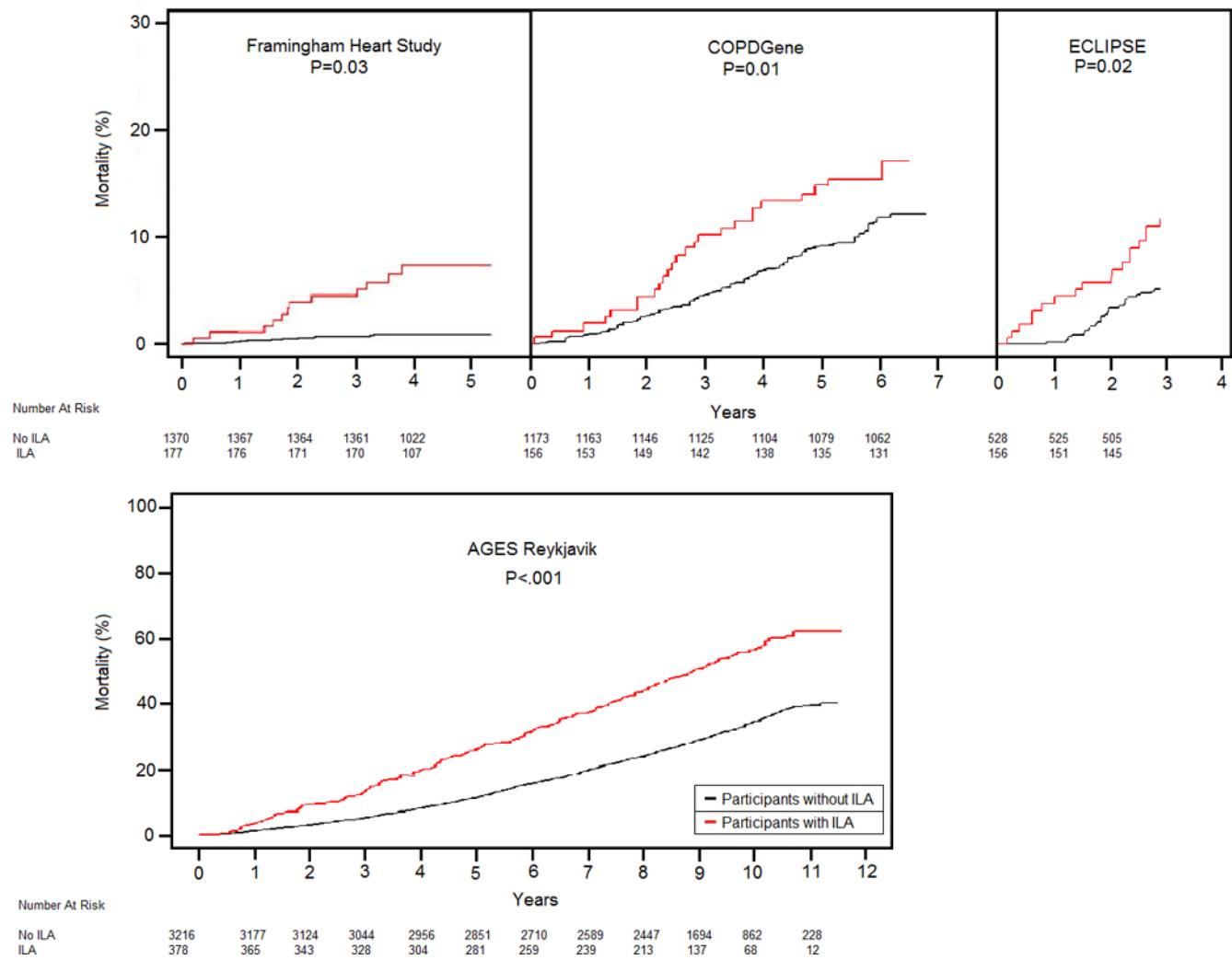


Figure 1.

Chest computed tomographic (CT) images of four participants, one from each cohort with interstitial lung abnormalities with Definite Fibrosis. Definite Fibrosis is defined as pulmonary parenchymal architectural distortion diagnostic of fibrotic lung disease. Each letter represents a different participant (A from FHS, B from AGES-Reykjavik, C from COPDGene, and D from ECLIPSE), in all panels images 1–3 are axial images, image 1 is at the level of the carina, image 2 is at the level of the right inferior pulmonary vein and image 3 is at the base of the lungs.

**Figure 2.**

The top panel of the figure is participants included in the analysis by cohort and interstitial lung abnormality status. CT stands for computed tomography, FHS-MDCT2 stands for the Framingham Heart Study Multidetector Computed Tomography 2, and ILA stands for interstitial lung abnormalities. Respiratory deaths included the following: ICD9 codes 460–519, ICD 10 codes J00–J99. Cardiovascular deaths included the following: ICD9 codes 390–459 and ICD 10 codes I00–I99. Cancer deaths included the following: ICD9 codes 140–239 and ICD 10 codes C00–D48. All causes of death not contained in these ICD9 and ICD10 codes were included in “other”. *percentages were all rounded to the nearest whole number, at times the percentages may sum to greater than 100%

**Figure 3.**

Curves showing percent mortality, comparing participants with and without interstitial lung abnormalities (ILA). P-values included in each panel are those associated with the hazard ratios from the adjusted Cox proportional hazards model, including adjustments for age, gender, race, body-mass index, pack-years of smoking, current or former smoking status and GOLD stage of COPD (except in AGES-Reykjavik where GOLD stage was not available). The results are for the comparison between participants with interstitial lung abnormalities to participants without interstitial lung abnormalities.

Table 1

Baseline characteristics of participants from Framingham Heart, COPDGene and ECLIPSE studies stratified by Interstitial Lung Abnormality (ILA) status.^a

Variable	Framingham Heart Study			AGES-Reykjavik			COPDGene			ECLIPSE		
	No ILA (1370) (52%) ^b	ILA (177) (7%) ^b	P-value	No ILA (3216) (60%) ^b	ILA (378) (7%) ^b	P-value	No ILA (1173) (57%) ^b	ILA (156) (8%) ^b	P-value	No ILA (528) (32%) ^b	ILA (157) (9%) ^b	P-value
Age – yr, mean (SD)	56 (11)	70 (12)	<.001	76 (5)	78 (6)	<.001	60 (9)	64 (9)	<.001	62 (7)	64 (8)	<.001
Female Sex – no. (%)	675 (49)	89 (50)	0.81	1910 (59)	172 (45)	<.001	564 (48)	80 (51)	0.50	182 (34)	41 (26)	0.05
Race – no. white (%)	1370 (100)	177 (100)	N/A	3216 (100)	378 (100)	N/A	929 (79)	112 (72)	0.04	515 (98)	154 (98)	1.0
Body Mass Index, mean (SD)	29 (6)	28 (5)	0.38	27 (4)	27 (5)	0.58	28 (6)	30 (7)	0.008	27 (6)	26 (5)	0.09
Pack Years Smoking, median (IQR) ^c	11 (4, 23)	19 (9, 33)	<.001	0 (0, 16)	11 (0, 29)	<.001	40 (30, 54)	44 (30, 64)	0.06	45 (33, 62)	43 (30, 60)	0.15
Current Smokers – no. (%)	73 (5)	17 (10)	0.04	374 (12)	69 (18)	<.001	505 (43)	71 (46)	0.61	202 (38)	72 (46)	0.10
FEV1 (%) predicted) ^{d, e} mean (SD)	98 (15)	98 (17)	0.49	--	--	--	75 (28)	78 (22)	0.10	44 (15)	47 (14)	0.02
FVC (%) predicted) ^{e, f} mean (SD)	101 (13)	101 (15)	0.99	--	--	--	87 (19)	88 (17)	0.49	79 (19)	80 (20)	0.78
FEV1/FVC ^e mean (SD)	75 (7)	73 (7)	<.001	--	--	--	64 (18)	67 (14)	0.03	45 (12)	48 (11)	0.006
COPD ^g – no. (%)	84 (6)	19 (12)	0.01	--	--	--	561 (41)	63 (33)	0.02	528 (100)	157 (100)	N/A
GOLD Stage												
Unclassified – no. (%) ^h	55 (4)	6 (4)					87 (7)	17 (11)		--	--	
Stage 0 – no. (%)	983 (76)	105 (66)					508 (43)	63 (41)		--	--	
Stage 1 – no. (%)	175 (14)	29 (18)	0.04	--	--	--	82 (7)	21 (14)	<.001	--	--	0.01
Stage 2 – no. (%)	80 (6)	18 (11)					230 (20)	38 (25)		241 (46)	76 (48)	
Stage 3 – no. (%)	4 (0.3)	1 (1)					167 (14)	11 (7)		219 (41)	74 (47)	

Variable	Framingham Heart Study			AGES-Reykjavik			COPDGene			ECLIPSE		
	No ILA (1370) (52%) ^b	ILA (177) (7%) ^b	P-value	No ILA (3216) (60%) ^b	ILA (378) (7%) ^b	P-value	No ILA (1173) (57%) ^b	ILA (156) (8%) ^b	P-value	No ILA (528) (32%) ^b	ILA (157) (9%) ^b	P-value
Stage 4 – no. (%)	--	--					99 (8)	5 (3)		68 (13)	7 (5)	
TLC (Liters) ^{e,i} , mean (SD)	5.2 (1.2)	4.5 (1.3)	<.001	--	--	--	5.8 (1.4)	5.2 (1.4)	<.001	5.9 (1.5)	5.7 (1.4)	0.16

^aBaseline characteristics from FHS and COPDGene are similar to what has been previously published, now limited to those with chest CT and mortality data. Data are missing for participants in the following categories: FHS: current smoking status, 3 participants (0.2%); spirometry, 91 participants (6%); total lung capacity, 93 participants (6%). COPDGene: spirometry, 1 participant (0.05%); GOLD stage, 1 participant (0.05%); and total lung capacity, 18 participants (1%)

^bPercentage of total population in each cohort

^cIQR is interquartile range

^dFEV₁ is forced expiratory volume in 1 second.

^eIn the AGES-Reykjavik cohort, approximately 80% of the spirometry was missing and TLC measurements were not available, as a result this information is not included in this table.

^fFVC forced vital capacity.

^gCOPD refers to those with GOLD Stage 2 or higher.

^hGOLD Unclassified is FEV₁<80%, FEV₁/FVC 0.70

ⁱTLC total lung capacity. Quantitative CT total lung capacity measurements were made using Airway Inspector (www.airwayinspector.org).

Table 2Association between Interstitial Lung Abnormalities and Mortality^a

	Framingham Heart Study		AGES-Reykjavik		COPDGene		ECLIPSE	
Median Follow Up Time – yrs, (IQR ^b)	4.0 (3.3, 4.6)		8.9 (6.7, 9.9)		6.5 (6.2, 6.7)		2.9 (2.9, 2.9)	
Mortality – no. (%)	No ILA ^c 12 (1)	ILA 12 (7)	No ILA 1065 (33)	ILA 210 (56)	No ILA 133 (11)	ILA 25 (16)	No ILA 27 (5)	ILA 18 (11)
Mortality Difference % (95% CI) ^d	6 (2, 10)		23 (18, 28)		5 (-1, 11)		6 (1, 11)	
	Hazard Ratio (95% CI)	P-value	Hazard Ratio (95% CI)	P-value	Hazard Ratio (95% CI)	P-value	Hazard Ratio (95% CI)	P-value
Unadjusted Model	7.7 (3.7, 16.1)	<.001	1.4 (1.3, 1.6)	<.001	1.5 (0.98, 2.3)	0.08	1.5 (1.1, 2.1)	0.005
Adjusted Model ^e	2.7 (1.1, 6.5)	0.03	1.3 (1.2, 1.4)	<.001	1.8 (1.1, 2.8)	0.01	1.4 (1.1, 2.0)	0.02
Adjusted Model + Percentage Emphysema ^{f,g}	2.6 (1.03, 6.7)	0.04	--	--	1.9 (1.2, 3.0)	0.007	1.4 (1.03, 2.0)	0.03
Adjusted Model + Coronary Disease ^{h,g}	2.2 (0.9, 5.9)	0.10	1.2 (1.1, 1.3)	<.001	1.5 (0.9, 2.0)	0.12	1.7 (1.1, 2.4)	0.008
Adjusted Model + Cancer History ^{h,g}	2.6 (1.1, 6.2)	0.03	1.25 (1.2, 1.3)	<.001	1.8 (1.1, 2.8)	0.008	--	--

^aAll hazard ratios are for the comparison between participants with and without interstitial lung abnormalities.^bIQR is interquartile range^cILA is interstitial lung abnormalities^d95% CI is 95% Confidence Interval^eAdjusted hazard ratios include adjustments for age, gender, race, body-mass index, pack-years of smoking, current or former smoking status, GOLD stage of COPD (where available)^fAdjusted hazard ratios include adjustments for age, gender, race, body-mass index, pack-years of smoking, current or former smoking status, GOLD stage of COPD and amount of emphysema (percentage below 950 Hounsfield units).^gData for the variables used in addition to the baseline adjusted model can be found in eTable 4^hAdjusted hazard ratios include adjustments for age, gender, race, body-mass index, pack-years of smoking, current or former smoking status, GOLD stage of COPD (except in the AGES-Reykjavik where GOLD Stage was not available), history of coronary artery disease and coronary calcium score.^jAdjusted hazard ratios include adjustments for age, gender, race, body-mass index, pack-years of smoking, current or former smoking status, GOLD stage of COPD (except in the AGES-Reykjavik where GOLD Stage was not available) and history of non-dermatologic malignancy in Framingham and AGES-Reykjavik, in COPDGene includes a history of lung, breast, bladder, colon and prostate cancers.